



Kendall Hills Newsletter

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### *From the President's desk:*

Greetings Neighbors,

In gathering my thoughts to write this message, I could not help notice how mature the entrance shrubs and plants have grown since this Newsletter photo has been taken. Looking back, Kendall Hills has developed appreciatively as well. It's all about the people. We have some great folks who care, and it shows. I cannot thank Willard enough for the great landscape job that he does; because he cares. Willard is also super to work with. For those of you who unfortunately missed the Chili & Ribs Cook-off, Joan Jones and her wonderful team did it again. The winners were Elizabeth & Rory Olson for the best Chili. Philip & Zeta Barnes won the prize for the best Ribs. Hope to see you at the Progressive Dinner in January!

Our Annual Meeting is approaching quickly. The Board is working on the 2010 budget as well as organizing the meeting date. Notices will be sent out soon. Please make every effort to attend the Annual Meeting this year. Last year we had to do some last minute soliciting to make quorum. The meeting usually lasts under two hours and it's a good time to meet our great management company folks, hear about your Boards efforts for the past year and catch up with neighbors that you may not have seen in a while. We always have coffee and sweet treats as well.

I hope you all have a rewarding holiday season and remember to be thankful for what you do have in these troubled times.

Steven J. Mack  
President

### **Reminder!**

**Progressive Dinner January 16, 2010**

*Architectural*

Plan ahead and don't forget to get approval if it is needed. Here are examples of projects requiring approval:

- Fencing
- Storage or Accessory buildings
- Decks or patios
- Pools
- Screen rooms, sunrooms or awnings
- Additions to your home
- Changing the color of your home

Please read the Covenants so you know what is allowed.

**Planting Your ~~corn~~ Seed Early**

**Here are some tips on grass planting**

For **Fescue** or **Kentucky Bluegrass**-

The ideal time to seed your lawn is between August 15 and September 15. Temperatures will have dropped a bit, making the seeds and new grass less likely to be scorched from the face of the earth. Plus, there will be plenty of time after September 15 for your new grass to take hold before winter sets in. If it goes down for winter in great mature condition, it'll come back that way in the spring.

Just because you've missed the August to September window doesn't mean you're out of fall grass planting options. You can always take your chances planting a little later, particularly if you're enjoying an Indian summer. Or you can wait until autumn to spread grass seeds. They will remain dormant all winter, but when spring returns they'll start sprouting, giving you a jump start on the next growing season. There are risks though— the seeds can be washed or blown away by harsh weather— but it is a good option for those who don't want to wait until spring.

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**Neighbors are Collecting**

**Box Tops for School and Campbell Soup Labels**—Candy Blackmon and Joanna Johnson collect these for our local schools. Please support our local schools and children's events.

*Health Tips*

*Help protect yourself from blood clots with these leg exercises:*

1. Raise and lower your heels while keeping your toes on the floor.
2. Raise and lower your toes while keeping your heels on the floor.
3. Tighten and then relax your leg muscles.
4. Move your ankles in circles.

**The Kendall Hills Neighborhood Directory is now available.**

**If you do not have a neighborhood directory, would like to be included or would like to make changes, please contact:**

**bettymack@nc.rr.com**

**This is a good tool for emergency issues in the neighborhood. Please consider adding your information if you haven't already.**

“ A pessimist is someone who complains about the noise when opportunity knocks”

-Michael Levine

## *Roof Algae*

Suffering from Roof Algae? Don't be frustrated, many of us do. It was not until a few years ago that roofing manufacturers started producing shingles that are algae resistant. About time you say? Well don't fret, the algae does come off and I will tell you how.

The Asphalt Roofing Manufacturers Association, Owens Corning, and GAF recommend using a mix of bleach, trisodium phosphate or TSP and water to clean shingles that suffer from roof algae. Now you say where in the heck do I purchase trisodium phosphate? Well, TSP is as common as white bread.....well maybe not that common. You can purchase it in any commercial paint store, home improvement store or probably your local discount store. It comes in a white, yellow and red box and it is not expensive.

The severity of the algae will depend on the strength needed but it can range from 1 cup of TSP, 1 gallon of bleach and 4 gallons of water to.....1 cup of TSP, 2-1/2 gallons of bleach and 2-1/2 gallons of water.

### **WARNING!!!!**

**These are harsh chemicals! Please do not attempt to try this if you are not comfortable with working with chemicals or are afraid of or not comfortable with heights or working on your roof. Instead, hire a professional to do this work. If you are comfortable with performing this, make sure that you wear personal protective equipment or PPE. Your PPE should include long sleeve shirt, long pants, work boots, eye protection, chemical resistant gloves and possibly a respirator. Please read the precautions on the ingredients.**

It is recommended that this mixture be applied with low pressure, like a pump up weed/ garden sprayer or something similar. Allow the solution to dwell for 15-20 minutes before rinsing with a garden hose. Repeat applications if needed.

Again, please hire a roofing contractor if you are not comfortable with this. The cost will not be to harmful to your pocket and well worth it when you see the results.

**"Everyone wants to live  
on top of the mountain  
but all the happiness  
and growth occurs  
while you are  
climbing it"**

**-Andy Rooney**

### **Planting you Seed Early– continued**

An early spring seeding, during the month of March or April is another option. If you plant early enough, you'll give your tender young grass enough time to establish it's root system before the heat of summer.

For **Bermuda** and **Zoysia-**

The best time to plant Bermuda or Zoysia seed is in late spring/ early summer after soil temperatures are at 65-70 degrees or higher and all danger of frost is past. This generally takes 80+ consistent daily highs in temperatures to achieve this level of soil temperature. Sufficient moisture must also be available during establishment.

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### Planting your seed early (continued from page 3)

Bermuda grass, also known as Cynadon, is a type of grass that's sometimes considered weed. It commonly grows during dry season and spreads easily. These are best grown on dry areas although it can be planted practically everywhere, even in poor soil. Heavy rains keep the leaves moist and green. They easily grow back when accidentally destroyed or cut.

Bermuda's life span is long enough and can take the hottest temperature of the desert if supplied with enough water. It may look dead in the winter because of its yellowish color, but that's only the surface. Fact is, it is just waiting for the warm, dry season again to bring back its color back.

Bermuda grass spreads easily and that's an advantage. It also easily replaces the damaged leaves however, this characteristic can be a disadvantage to nearby flowers. It is therefore best to make borders around your flower beds when growing Bermuda grass.

There are two kinds of Bermuda grass— common and hybrid. Common Bermuda grows from seeds. Hybrid Bermuda is planted from sods or sprigs.

When planting Bermuda it is best to use a powered tiller to dig up three inches of soil. Compost soil is highly recommended. Although Bermuda is drought tolerant, irrigation helps regardless of the type of grass planted.

Be careful with Ryegrass attacks because these hinder the growth of Bermuda grass. When Ryegrass begins to show, stop watering your Bermuda for two weeks. Ryegrass is dead when it turns brownish. You can start watering the Bermuda again.

Here are some easy steps to follow in planting healthy Bermuda grass:

- Keep the Bermuda area manageable
- Water your lawn in the early morning before sunrise
- Do not overwater- Trim you grass regularly- Trimmed grass required less water.
- Choose one season of grass if possible, and maintain it

Be informed about the difference between common and hybrid Bermuda. Hybrids generally look better but require higher maintenance.

